

Human Computer Interaction of eHealth for Older Adults

Jhanvi Singh Sengar

Student, Dept of the Computer Science

Kalinga University Kotni, Raipur ,Naya Raipur, Chhattisgarh

ABSTRACT

The level of more established grown-ups increments comprehensively with an expanded requirement for clinical consideration. To help the possibility of effective dynamic maturing, e-wellbeing is by all accounts a fascinating idea. This examination was led as an efficient writing study, with the mean to recognize and examine determinant factors in the Human PC connection of eHealth for more established grown-ups. The significant primary research question to answer was: What are the basic difficulties to address for an improved human PC cooperation in innovation upgraded medicinal services frameworks for more seasoned grown-ups? Discoveries show that there are a few basic elements to consider, with trust, individual honesty, innovative acknowledgment, e-wellbeing education and availability of ICT as the most determinant. In the event that the discovered difficulties are tended to, it may be conceivable to accomplish the recognized point of free living. The suggestion is a human PC cooperation that is older focused, and includes the old clients in the plan process. Be that as it may, no ICT upgraded framework will be user-friendly enough to remove the requirement for social and mechanical help

Keywords

E-health, E-services, Human Computer Interaction, HCI, Older adults

INTRODUCTION

In everyone, the level of more seasoned grown-ups is expanding all inclusive, with the quickest development in low-and center salary nations (Tonelli and Rinella, 2014). Today here are 5-600 million individuals that are more than 65 years of age around the world, yet with an expected increment to almost 1.5 billion by 2050 (Kline and Bow dish, 2016). The more established individuals get, the more they will in general be contingent upon clinical and social consideration, with numerous more seasoned grown-ups living alone and without any relatives to take care of them (Stroehmann et al., 2002). There exists a wide assortment of terms for the possibility of more established individuals' entitlement to stay sound and 'maturing great', some of them are fruitful maturing, dynamic maturing, solid maturing, positive maturing, gainful maturing, and equipped maturing. These ideas have here and there been joined with the desire of more established grown-ups' autonomous living and to diminish the expenses of medicinal services (Foster and Walker, 2014). The quick innovative development during the most recent decades has opened up additional opportunities for telecare and home consideration, yet, new innovation likewise makes new basic elements for client fulfillment (Botello et al., 2009). With an improved human pc connection, eHealth would be a promising option in contrast to customary medicinal services when the level of more established grown-ups increments. This examination had an emphasis on later explore concentrates on

eHealth and their reports on basic factors for more seasoned grown-ups. The point of the examination was to recognize and talk about determinant factors in human PC connection (HCI) of eHealth for more established grown-ups. Primary research question to reply was: What are the basic difficulties to address for an improved human PC association in innovation improved human services frameworks for more seasoned grown-ups?

METHOD

This study has a design inspired by the six-step method for literature reviews described by Machi and McEvoy (Machi & McEvoy, 2016). The six steps are:

1. Selecting a topic,
2. Develop the tools of argumentation,
3. Search the literature,
4. Survey the literature,
5. Critique of the literature, and finally
6. Writing the review. The first step was carried out in the intermissions of an inspiration seminar on eHealth, and the second step had the form of a brainstorm session.

Step 3 to 6 were conducted iteratively including backward searches on relevant references. Vom Brocke et al. defined a backward search as "reviewing older literature cited in the articles yielded from the keyword search" (Vom Brocke et al., 2009). To explore the state of the art of HCI and Interaction design for older adults in eHealth contexts, Boolean searches were conducted with various combinations of the keywords that are specified before the introduction. Main databases have been Scopus and Google scholar with a primary focus on articles published between 2010 and 2018. However, older articles were chosen when they have had discoveries that pertinent for responding to the examination question. Right off the bat, 456 articles

were chosen that coordinated with blends of the watchwords. At that point a screening was finished by perusing all the article's edited compositions where 225 articles were rejected in light of the fact that they were not straightforwardly identified with the look into point. Besides, the staying 231 articles were further inspected to check whether they were all the more explicitly identified with the examination question and 211 articles were barred in this progression. The staying 19 articles were further ordered into essentially articles and auxiliary articles. Fundamentally articles are tending to terrifically significant watchwords anyway optional articles don't contains all the watchwords however, they has unmistakable and point by point data at last, results have been investigated and assembled specifically with the intend to discover fascinating topics for future research. The topical examination was done as portrayed by Braun and Clarke (Braun and Clarke, 2012).

SELECTED PUBLICATIONS

Table 1 underneath contains a posting of the chose distributions, in sequential request with author(s), area of the investigation, and the most significant segment to answer the investigate question: discoveries and basic components. The point has been to give a refreshed cutting edge investigation of HCI also, Interaction structure for more established grown-ups in eHealth, yet fascinating and applicable more established articles were discovered both in the immediate hunts just as in reverse quests

Authors	Year	Location	Findings/factors
Henkema ns et al	2007	Netherlands United States	Visual sensing devices, video monitoring, Ethical considerations, Privacy, Sense of false confidence

Jung & Loria	2010	Sweden	Compatibility with citizen needs, User's trust in service provider
Rogers & Fisk	2010	United States	Understanding older adulthood's needs, preferences, and desires for technology in their lives
Stojmenovic et al.	2012	Slovenia	Technological experience, Education level, Lifestyle characteristics, Cognitive changes,
Lee & Coughlin	2014	Global-Literature review	Confidence, Emotion, Technical and social support, Affordability, Usability, Usefulness
Fischer et al.	2014	Global-Literature review	Privacy vs. Utility, Trust, Internet access, Assistive Technology, Geotechnology
Vines et al.	2015	United Kingdom	Embracing alternative measures of success. An HCI research agenda shaped by older people
de Veer et al.	2015	Netherlands	Awareness, Internet skills, The role of social influence, Ease of use

Peek et al.	2016	Netherlands	Independent living, behavioral options, personal thoughts on technology use, influence of the social network, influence of organizations and the role of the physical environment
Axelsson & Wikman	2016	Sweden	Independence was critical among older adults in the sense of control and choice, when older persons use e-health services.

FINDINGS AND DISCUSSIONS

This investigation meant to investigate basic variables for HCI of eHealth for more established grown-ups. Our investigation recognized autonomous living as a significant generally speaking focus on e-wellbeing structure for more established grown-ups and a few examinations have featured the significance of more seasoned grown-ups' freedom (Henkemans et al., 2007; Bowes and McColgan, 2013; Axelsson and Wikman, 2016; Wiklund and Melander, 2016; Peek et al., 2016). Autonomous living is the general umbrella idea that is identified with the recognized components. To accomplish this freedom more seasoned people have a should be in charge while utilizing e-wellbeing administrations (Melander-Wikman et al., 2007). Besides, old clients of e-wellbeing have communicated that exercises, for example, leisure activities, intentional work are significant pieces of autonomous living (Peek et al., 2016). Significant recognized variables to help the idea of autonomous living are e-wellbeing administrations that encourages socialization, correspondence and improvement of client's security (Christophorou et al., 2016). As suggested by

Axelsson and Wikman e-wellbeing administrations ought to be actualized to fortify the more established grown-up's versatility and self-administration (Axelsson and Wikman, 2016). Our examination recognized free living as a significant by and large focus on e-wellbeing structure for more established grown-ups, yet for a fruitful execution, all the basic variables recorded beneath must be thought of.

Trust

Discoveries show that different type of trust is a critical factor for HCI of eHealth for more seasoned grown-ups. One detailed angle is the client's trust in specialist co-ops. E-wellbeing has its issues, for example, misconception of data, specialized issues, and security and protection issues. Client's trust in the specialist co-op can defeat these issues (Jung and Loria, 2010). More seasoned grown-ups' certainty and trust in associating with high-tech gadgets appear to be for the most part lower than that of more youthful individuals. There are for a few reasons a requirement for both specialized just as social help (Lee and Coughlin, 2015). Trust was additionally seen as a pivotal issue in an investigation on e-wellbeing in country Bangladesh (Hossain, Md Nazmul, et al., 2017).

Personal integrity

As featured by Henkemans et al. clients saw benefits must be weighed against apparent security issues (Henkemans et al., 2007). A proposal from the examination is to dodge increasingly nitty gritty observing advances than the checking needs. For instance, a point light camera can transmit pictures where more established grown-ups' exercises can be recognized without uncovering their personality, which can be contrasted with the more nitty gritty pictures from a video camera (Henkemans et al., 2007). At the point when a checking framework is moderately non-interrupting, clients are additionally willing to think that its valuable (Melander-Wikman et al., 2007). Then again, when the apparent convenience is solid, clients appear to exchange

individual inclinations for security. Medicinal services suppliers need to deal with the parity between supporting more seasoned grown-ups' self-sufficiency and advancing observing frameworks (Courtney et al., 2008).

Technology acceptance

More seasoned grown-up's expectation to utilize e-wellbeing is relying upon the administrations' value, usability and their general mentality towards utilizing e-wellbeing (Jung and Loria, 2010). This not a astounding finding since this is recommended by the innovation acknowledgment model (TAM). What the examination found that the Cap model don't foresee were the reliance on web association and satisfactory data. As finished up from two examinations led by Henkemans et al. (Henkemans et al., 2007) more seasoned grown-ups can see the advantages of innovation improvement in their homes, however that there are honesty issues thinking about observing innovations. The previous perspective that more established grown-ups' reception of innovation involves execution and expenses has been reexamined, and as featured by Lee and Coughlin (Lee and

Coughlin, 2015), this is today observed as a mind boggling issue influenced by numerous elements. With the exception of value and ease of use, most significant elements were reasonableness, openness, support, feeling, freedom, experience furthermore, certainty (Lee and Coughlin, 2015). For increasingly broad e-wellbeing a theory has been that the ability to utilize administrations is expanding for clients with high ICT aptitudes, however the concentrate by Bhatnagar et al. (Bhatnagar et al., 2017) found that the a greater amount of ICT experience, the less aim to utilize the health administrations. The clarification may be that accomplished ICT clients have a superior understanding in the genuine dangers

E-health literacy

It is critical to comprehend the shortfalls that accompany age to have the option to structure interfaces, frameworks, and administrations that are comprehensive and simple for more established individuals to learn and utilize (Vine et al., 2015). Be that as it may, even with an older focused plan, e-wellbeing frameworks will never act naturally illustrative and e-wellbeing education is relying upon legitimate preparing. The examination by Chariness and Boot (Chariness, and Boot, 2009) suggested that additionally the preparation programs for maturing grown-ups ought to consider older individuals' age-related changes in capacity. As indicated by numerous inquiries about, improving e-wellbeing instruction and appropriate preparing is additionally considered as a primary factor in old population. (Rudd et al., 2009) noted in his exploration that the instruction and preparing expected to utilize e-wellbeing administrations isn't enough in any event, for the grown-ups who are moved on from high school. He likewise recommended that cutting edge intuitive systems like touch screens and voice initiation can be used to assist old people with using e-wellbeing administrations (Rudd et al., 2009; Atlanta: U.S. Division of Health and Human Administrations, 2009). Wolf saw in his exploration that maturing is legitimately related to the capacity of understanding the data. More established individuals have the decreased capacity to comprehend the e-wellbeing education. He recommended that it ought to be considered to overhaul the e-wellbeing frameworks and e-wellbeing proficiency issue ought to be tended to (Atlanta: U.S. Division of Health also, Human Services, 2009; Wolf et al., 2005). It is normal that giving legitimate preparing and training about e-wellbeing applications will improve more established grown-ups' goal to utilize them. It is likewise anticipated that later on there will be more and more established people who have grown up with web. In this way, on the off chance that they begin utilizing e-wellbeing administrations in prior life,

odds are high that they will proceed utilizing them when they get more established (de Veer et al., 2015)

Openness of ICT

As brought up by Jung and Loria (Jung and Loria, 2010) web get to is a urgent factor and there may be enormous varieties between the ICT frameworks in various nations. Access to innovation has now and again been ignored in e-wellbeing for older (Lee and Coughlin, 2015), what's more, the foundation that is underestimated is a few nations can be a hindrance in different pieces of the world. Areas with low-salary populaces may have a computerized separate that requires an exceptional plan to survive innovative obstructions (Latulipe et al., 2015). At last, as suggested by Heart and Kalderon (Heart and Kalderon, 2013), the e-wellbeing ICT frameworks for the older ought to have a straightforward specialized structure and have an accentuation on exhibiting the significant advantages.

CONCLUSION

Discoveries demonstrate that autonomous living and prosperity must be the general goal of future e-wellbeing, which too was a suggestion in the investigation by Vassil and Farshchian (Vassil and Farshchian, 2018). To accomplish this the proposal is, as recommended by Stamenov et al. (Stamenov et al., 2012) and Vines et al. (Vines et al., 2015), an old focused e-wellbeing, where more established grown-ups too should be dynamic members in the cooperation configuration process. Be that as it may, no mechanical frameworks will act naturally logical and without legitimate preparing, setting adjustment and backing, there will be innovative distress and low mechanical selection.

FUTURE WORK

The investigation distinguished a lot of urgent variables for human PC communication in e-wellbeing for more seasoned grown-ups. An intriguing subsequent stage would be order in which territories the old have the greatest requirement for e-

wellbeing and tele-care. Would the discovered components be general for all sicknesses, or by what means may they rely upon various classifications of illnesses?

REFERENCES

Axelson, S. W., & Wikman, A. M. (2016). Ready for eHealth. Older Swedes' Perceptions of eHealth Services: Using the PIADS Scale as a Predictor for Readiness. *TECHNOLOGIES*, Barnes, J. (2018).

The Literature Review: Six Steps to Success, 3e, 2016. *AU-GSB e-JOURNAL*, 10(2), 117. Bhatnagar, N., Madden, H., & Levy, Y. (2017).

Initial empirical testing of potential factors contributing to patient use of secure medical teleconferencing. *Journal of Computer Information Systems*, 57(1), 89-95

Botella, C., Etchemendy, E., Castilla, D., Baños, R. M., García-Palacios, A., Quero, S., ... & Lozano, J. A. (2009).

An e-health system for the elderly (Butler Project): A pilot study on acceptance and satisfaction. *Cyberpsychology & Behavior*, 12(3), 255-262. Bowes, A., & McColgan, G. (2013)

. Telecare for older people: promoting independence, participation, and identity. *Research on Aging*, 35(1), 32-49.

Braun, V., & Clarke, V. (2012). Thematic analysis. *APA handbook of research methods in psychology, Vol 2: Research designs: Quantitative, qualitative, neuropsychological, and biological*. 2: 57--71.

Centers for Disease Control and Prevention. *Improving Health Literacy for Older Adults: Expert Panel Report 2009*. Atlanta: U.S. Department of Health and Human Services; 2009.

Charness, N., & Boot, W. R. (2009). Aging and information technology use: Potential and barriers.

Current Directions in Psychological Science, 18(5), 253-258.

Christophorou, C., Kleanthous, S., Georgiadis, D., Cereghetti, D. M., Andreou, P., Wings, C., ... & Samaras, G. (2016).

ICT services for active ageing and independent living: identification and assessment. *Healthcare technology letters*, 3(3), 159.

Courtney, K. L., Demeris, G., Rantz, M., & Skubic, M. (2008). Needing smart home technologies: the perspectives of older adults in continuing care retirement communities.

de Veer, A. J., Peeters, J. M., Brabers, A. E., Schellevis, F. G., Rademakers, J. J. J., & Francke, A. L. (2015). Determinants of the intention to use e-Health by community dwelling older people. *BMC health services research*, 15(1), 103

Foster, L., & Walker, A. (2014). Active and successful aging: A European policy perspective. *The Gerontologist*, 55(1), 83-90.

Heart, T., & Kalderon, E. (2013). Older adults: are they ready to adopt health-related ICT?. *International journal of medical informatics*, 82(11), e209-e231.

Henkemans, O. B., Caine, K. E., Rogers, W. A., Fisk, A. D., & Neerincx, M. A. (2007). Medical monitoring for independent living: user-centered design of smart home technologies for older adults. In *Proc. Med-e-Tel Conf. eHealth, Telemedicine and Health Information and Communication Technologies* (pp. 18-20).

Hossain, M. N., Okajima, H., Kitaoka, H., & Ahmed, A. (2017). Consumer acceptance of eHealth among rural inhabitants in developing countries (A Study on Portable Health Clinic in Bangladesh). *Procedia computer science*, 111, 471-478.

Jung, M. L., & Loria, K. (2010). Acceptance of Swedish e-health services. *Journal of multidisciplinary healthcare*, 3, 55

Kline, K. A., & Bowdish, D. M. (2016). Infection in an aging population. *Current opinion in microbiology*, 29, 63-67.

Latulipe, C., Gatto, A., Nguyen, H. T., Miller, D. P., Quandt, S. A., Bertoni, A. G., ... & Arcury, T. A. (2015, April). Design considerations for patient portal adoption by low-income, older adults. In *Proceedings of the 33rd annual ACM conference on human factors in computing systems* (pp. 3859-3868). ACM.

Lee, C., & Coughlin, J. F. (2015). PERSPECTIVE: Older adults' adoption of technology: an integrated approach to identifying determinants and barriers. *Journal of Product Innovation Management*, 32(5), 747-759.

Machi, L. A., & McEvoy, B. T. (2016). *The literature review: Six steps to success*. Corwin Press.

Melander-Wikman, A., Fältholm, Y., & Gard, G. (2007). Safety versus privacy: elderly persons experiences of a mobile safety alarm. In *Sjukgymnastdagarna 2007: 10/10/2007-12/10/2007* (p. 40). LSR.

Peek, S. T., Luijckx, K. G., Rijnaard, M. D., Nieboer, M. E., van der Voort, C. S., Aarts, S., ... & Wouters, E. J. (2016). Older adults' reasons for using technology while aging in place. *Gerontology*, 62(2), 226-237.

Stojmenova, E., Imperl, B., Zohar, T., & Dinevski, D. (2012, June). User-Centred E-Health: Engaging Users into the e-Health Design Process. In *Bled conference* (p. 38).

Stroetmann, V. N., Hüsing, T., Kubitschke, L., & Stroetmann, K. A. (2002). The attitudes, expectations and needs of elderly people in relation to e-health applications: results from a European

survey. *Journal of Telemedicine and Telecare*, 8(2_suppl), 82-84.

Tonelli, M., & Riella, M. (2014). Chronic kidney disease and the aging population. *Brazilian Journal of Nephrology*, 36(1), 1-5.

Vassli, L. T., & Farshchian, B. A. (2018). Acceptance of Health-Related ICT among Elderly People Living in the Community: A Systematic Review of Qualitative Evidence. *International Journal of Human-Computer Interaction*, 34(2), 99-116.

Vines, J., Pritchard, G., Wright, P., Olivier, P., & Brittain, K. (2015). An age-old problem: Examining the discourses of ageing in HCI and strategies for future research. *ACM Transactions on Computer-Human Interaction (TOCHI)*, 22(1), 2.

Vom Brocke, J., Simons, A., Niehaves, B., Riemer, K., Plattfaut, R., & Cleven, A. (2009, June). Reconstructing the giant: On the importance of rigour in documenting the literature search process. In *Ecis* (Vol. 9, pp. 2206-2217).

Wiklund Axelson, S., & Melander Wikman, A. (2016). Ready for eHealth. Older Swedes' Perceptions of eHealth Services: Using the PIADS Scale as a Predictor for Readiness. *Technologies*, 4(3), 29.